

IOS Annual Medical Conference for Health Professionals

Virtual Online Conference

Saturday, 17th October 2026



**Irish
Osteoporosis
Society**

Approved for 5 CPD credits in the external CPD Category by the Royal College of Physicians in Ireland

Presented by: Experts at the Forefront of Osteoporosis Healthcare
Make sure to register

Timing	Part 1: Conference Chair – Dr Kevin Mc Carroll
09:45-09:50	Welcome All Attendees log on to the Conference Room
09:50-09:53	Opening Address Professor Moira O'Brien, President of the Irish Osteoporosis Society
09:55-10:25	Osteoporosis management and bisphosphate therapy Dr Rosie Lannon, Consultant Geriatrician, Bone Health Unit, St James Hospital, Dublin
10:25-10:40	2026 Update on Accessible Bone Health screening project for People with Intellectual Disabilities Ms Anne Power, Advanced Nurse Practitioner in Chronic Disease Management, Wexford Residential Intellectual Disability Service
10:40-10:55	Sarcopenia and Bone Health: Two sides of the same coin Ms Sinead Shanley, Dietician Manager at Clontarf Hospital & Ms Anne-Marie Seddon Senior physiotherapist in Clontarf Hospital, Dublin
10:55-11:10	Q & A Session
11:10-11:20	Refreshment Break 10 mins tea/coffee break
Timing	Part 2: Conference Chair – Dr Richard Tobin
11:20-11:35	Pelvic & Osteo Physiotherapy: Best ways to combine it Ms. Aoife Ni Eochaidh, Chartered Physiotherapist and Clinical Specialist in Pelvic Women's & Men's Health Physiotherapy, IPPM, No 7 Mulvoy Park, Sean Mulvoy road, Galway and Dublin.
11:35-11:50	Nutrition and Osteoporosis Ms Elaine McGowan is a Dietitian and Nutritionist with over 40 years of experience. Elaine specialises in dietary solutions for gastrointestinal conditions, women's health, PCOS, and sports nutrition. She is based in the Hermitage Clinic.
11:50-12:05	Opportunistic Screening Ms Ciara Shields is a Chartered Physiotherapist and a Clinical Specialist in Musculoskeletal Physiotherapy. Ciara is the owner of IONA Physiotherapy in Drumcondra
12:05-12:25	Q & A Session
12:25-12:32	Oral Abstracts Falling through the Cracks - Missed opportunities in Fracture Prevention Dr Peter Coughlin & Dr Hanna Martin
12:33-12:40	Changing Sex Distribution of Hip Fractures: A nine-year Observational Trend Dr Suzanne O'Mahony
12:40-13:10	Lunch 30 mins break

Timing	Part 3: Conference Chair – Professor Bernard Walsh
13:10-13:17	Oral Abstracts Fracture outcomes & safety of extended-interval Zoledronate in older adults with Osteoporosis: a single- centre real-life experience Dr Abuelmagd Abdalla
13:18 13:25	Social disadvantage and risk of falls and fall-related fracture in older adults: findings from the TUDA cohort. Dr Rory Kelleher
13:25-13:40	DXA – Fracture Risk Beyond Density Dr Richard Tobin is a GP in Mayo and ISCD certified
13:40-14:10	Guidance on Denosumab therapy in Osteoporosis Dr. Donal Fitzpatrick is a Consultant Geriatrician with a subspecialty interest in metabolic bone disease and osteoporosis
14:10-14:40	Treatment sequence and anabolic therapy for Osteoporosis Dr Kevin Mc Carroll, Consultant Physician & Geriatrician, Bone Health Unit, St. James Hospital, Dublin
14:40-15:20	Q and A session Led by key medical experts
15:20-15:30	Abstract Award Presentations Live Session
15:30-15:45	Announcement, Conclusion, Wrap-Up & Close Professor Emeritus Moira O'Brien, President, Irish Osteoporosis Society

If you have any queries regarding the conference email info@irishosteoporosis.ie