

IOS Annual Medical Conference for Health Professionals

Virtual Online Conference

Saturday, 17th October 2026



**Irish
Osteoporosis
Society**

Application for 5 CPD credits in the external CPD Category by the Royal College of Physicians in Ireland

Presented by: Experts at the Forefront of Osteoporosis Healthcare

SAVE THE DATE!!

Timing	Part 1: Conference Chair – Dr Kevin Mc Carroll
09:45-09:50	Welcome All Attendees log on to the Conference Room
09:50-09:53	Opening Address Professor Moira O'Brien, President of the Irish Osteoporosis Society
09:55-10:25	Osteoporosis management and bisphosphate therapy Dr Rosie Lannon, Consultant Geriatrician, Bone Health Unit, St James Hospital, Dublin
10:25-10:40	2026 Update on Accessible Bone Health screening project for People with Intellectual Disabilities Ms Anne Power, Advanced Nurse Practitioner in Chronic Disease Management, Wexford Residential Intellectual Disability Service
10:40-10:55	Sarcopenia and Bone Health: Two sides of the same coin Ms Sinead Shanley, Dietician Manager at Clontarf Hospital & Ms Anne-Marie Seddon Senior physiotherapist in Clontarf Hospital, Dublin
10:55-11:10	Q & A Session
11:10-11:20	Refreshment Break 10 mins tea/coffee break
Timing	Part 2: Conference Chair – Dr Richard Tobin
11:20-11:35	Pelvic & Osteo Physiotherapy: Best ways to combine it Ms. Aoife Ni Eochaidh, Chartered Physiotherapist and Clinical Specialist in Pelvic Women's & Men's Health Physiotherapy, IPPM, Bon Secour Consultant's Clinic, Renmore, Galway and Dublin.
11:35-11:50	Nutrition and Osteoporosis Ms Elaine McGowan is a Dietitian and Nutritionist with over 40 years of experience. Elaine specialises in dietary solutions for gastrointestinal conditions, women's health, PCOS, and sports nutrition. She is based in the Hermitage Clinic.
11:50-12:05	Opportunistic Screening Ms Ciara Shields is a Chartered Physiotherapist and a Clinical Specialist in Musculoskeletal Physiotherapy. Ciara is the owner of IONA Physiotherapy in Drumcondra
12:05-12:25	Q & A Session
12:25-12:32	Oral Abstracts
12:33-12:40	TBC
12:40-13:10	Lunch 30 mins break
Timing	Part 3: Conference Chair – Professor Bernard Walsh
13:10-13:17	Oral Abstracts TBC

13:18-13:25	TBC
13:25-13:40	DXA – Fracture Risk Beyond Density Dr Richard Tobin is a GP in Mayo and ISCD certified
13:40-14:10	Guidance on Denosumab therapy in Osteoporosis Dr. Donal Fitzpatrick is a Consultant Geriatrician with a subspecialty interest in metabolic bone disease and osteoporosis
14:10-14:40	Treatment sequence and anabolic therapy for Osteoporosis Dr Kevin Mc Carroll, Consultant Physician & Geriatrician, Bone Health Unit, St. James Hospital, Dublin
14:40-15:20	Q and A session Led by key medical experts
15:20-15:30	Abstract Award Presentations Live Session
15:30-15:45	Announcement, Conclusion, Wrap-Up & Close Professor Emeritus Moira O'Brien, President, Irish Osteoporosis Society

If you have any queries regarding the conference email info@irishosteoporosis.ie

Abstract submissions

Abstract submissions are welcome for consideration for the 2026 Irish Osteoporosis Society Annual Medical Conference for oral and or poster submission.

General Information

- Your abstract may have up to **250 words**.
- Abstracts should be typed in word format and sent as an attachment by email to abstracts@irishosteoporosis.ie. Please ensure that **Abstract IOS 2026** is typed in the subject box of your email. You will receive an email confirming we have received your abstract.
- If accepted as a poster, it will need to be sent in Landscape, on a Power Point in
- Please ensure that the abstract is sent from the e-mail address to which correspondence regarding the conference is to be sent.
- Please include a contact telephone number/mobile for the presenter/author.
- No patient identifiers accepted on any material.
- Please confirm if you wish to submit your abstract for consideration as
- poster only
- oral only
- Both poster and oral.
- Accepted oral abstracts in each award category will have an oral presentation: 5 slides, 5 minutes each with 2 minutes questions and answers (7 minutes total).

Abstract Award Categories

Young Investigator Award x 2

Best Overall Scientific Abstract x 1

Most Interesting Clinical Case x 1

Best Poster x 1

Closing date for abstract submission is 21st September 2026

Notification of Review Outcome by Email: October 2nd 2026

Deadline for Accepted Oral and Poster Presenters to Register to Confirm Attendance: October 10th, 2026

NOTE: Accepted Abstract Presenters please register under Category 3 €40.

If you have any queries, please email info@irishosteoporosis.ie