

# IOS Annual Medical Conference for Health Professionals

## Virtual Online Conference

### Saturday, 19th October 2024



Approved for 5 CPD credits in the external CPD Category by the Royal College of Physicians in Ireland. Approved for 5 NMBI CEU's

## Presented by: Experts at the Forefront of Osteoporosis Healthcare

Timing	Part 1: Conference Chair –Professor Bernard Walsh
09:50-09:55	<b>Welcome</b> All Attendees log on to Conference Room
09:55-10:00	<b>Opening Address</b> Professor Moira O'Brien, President of the Irish Osteoporosis Society
10:00-10:20	<b>Bone Health through the Menopause</b> Dr Sinead Hussey, Partnered GP with Centric Health. Clinical Lead for Centric Health in Women's health with her clinic based in Raheny, Dublin. She has completed TCD/HSE Specialist Training Program in GP. Awarded membership ICGP 2008, ICGP Community Gynaecology Certificate, BMS Principles and Practice of Menopause Care Certificate, Obesity Primary Care Certificate. A diploma in Clinical Psychiatry and a higher Diploma in Clinical Dermatology
10:20-10:40	<b>Pelvic Organ Prolapse &amp; Urinary incontinence: The Physiotherapy Management</b> Ms. Aoife Ni Eochaidh, Chartered Physiotherapist and Clinical Specialist in Pelvic Women's & Men's Health Physiotherapy, IPPM, Bon Secour Consultant's Clinic, Renmore, Galway
10:40-10:50	<b>A View of DXA process from a wheelchair user's perspective</b> Ms Annette Costello, diagnosed with a progressive non treatable neurological condition in 2006, following 3 fractures in her ankles in 2022. She will speak on the difficulty of finding a radiology dept in Dublin that could provide a hoist transfer.
10:50-11:10	<b>Q &amp; A Session</b>
11:10-11:20	<b>Refreshment Break</b> 10 mins tea/coffee break
Timing	Part 2: Conference Chair – Dr Kevin Mc Caroll
11:20-11:35	<b>Alternative Bone Health screening for People with an Intellectual Disability</b> Ms Anne Power, Advanced Nurse Practitioner in Chronic Disease Management, Wexford Residential Intellectual Disability Service
11:35-11:50	<b>Nutrition and Bone Health</b> Orla Walsh Registered Dietitian. Undergraduate in Science at TCD. Specialised in Physiology & has a Masters in Clinical Nutrition from Roehampton University, a postgraduate diploma in Dietetics at King's College London & a postgraduate diploma in Sports & Exercise Nutrition at Ulster University.
11:50-12:05	<b>A guide to treating patients with Vertebral Fractures</b> Ciara Shields is a Chartered Physiotherapist and a Clinical Specialist in Musculoskeletal Physiotherapy. She is the owner of IONA Physiotherapy in Drumcondra, where she continues her clinical work.
12:05-12:25	<b>Q &amp; A Session</b>
12:25-12:40	<b>Oral Abstracts</b>
12:40-13:10	<b>Lunch</b> 30 mins break

Timing	Part 3: Conference Chair – Dr Richard Tobin
13:10-13:25	<b>Oral Abstracts</b>
13:25-13:55	<b>Denosumab – Evolving management of a therapy in bone health</b> Dr Kevin Mc Carroll, Consultant Physician & Geriatrician, Bone Health Unit, St. James Hospital, Dublin
13:55-14:25	<b>Low Vitamin D in the community – It needs a solution</b> Professor Bernard Walsh, Consultant Physician & Geriatrician, Bone Health Unit, St James Hospital and Trinity College Dublin
14:25-15:20	<b>Q and A session</b> Led by key medical experts
15:20-15:30	<b>Abstract Award Presentations</b> Live Session
15:30-15:45	<b>Announcement, Conclusion, Wrap-Up &amp; Close</b> Professor Emeritus Moira O'Brien, President, Irish Osteoporosis Society