



Presentation On Osteoporosis
Presentation on Men and Women's health
Presentation on Exercise assessment

When Tuesday 7th May 2024

Where Talbot Hotel Stillorgan, Dublin A94 V6K5

5.30pm - 6.00pm - Registration

6.00pm - 6.20pm - Aoife Ni Eochaidh – Chartered Physiotherapist
Men and Women's Health

6.20pm – 6.40pm - Michele O'Brien – CEO Irish Osteoporosis Society
Osteoporosis, The Essentials

6.40pm – 7.00pm – Tea and Coffee

7.00pm–7.10pm Aidan Woods – Chartered Physiotherapist
Why individual assessment is critical for those with bone loss

7.10pm – 8.30pm Q & A Professor Moira O'Brien and all speakers

Entry fee: €25 donation at the door, all donations go towards the Irish Osteoporosis Society Charity services

Free entry for Irish Osteoporosis Society Charity members

Raffle tickets A one night's stay in the Alex hotel in Dublin, for 2 people including breakfast is one of the prizes. Afternoon tea for 2 in the Talbot hotel in Dublin. A voucher from Michaels or Little Mikes restaurant in Mount Merrion, south Dublin.

Registration essential as places limited – Preferably on our shop

Donate €25 on the Irish Osteoporosis Society website shop www.irishosteoporosis.ie
type in message "Dublin Talbot talk" Or Email events@irishosteoporosis.ie

or last registration taken by phone will be Thursday 2nd May 2024 on 01 637 5050 –
if places are still available. We highly recommend people register asap.