



**Presentation On Osteoporosis**  
**Presentation on Men and Women's health**  
**Presentation on Exercise assessment**

**When** Tuesday 7<sup>th</sup> May 2024

**Where** Talbot Hotel Stillorgan, Dublin A94 V6K5

**5.30pm - 6.00pm** - Registration

**6.00pm - 6.20pm** - Aoife Ni Eochaidh – Chartered Physiotherapist  
Men and Women's Health

**6.20pm – 6.40pm** - Michele O'Brien – CEO Irish Osteoporosis Society  
Osteoporosis, The Essentials

**6.40pm – 7.00pm** – Tea and Coffee

**7.00pm–7.10pm** Aidan Woods – Chartered Physiotherapist  
Why individual assessment is critical for those with bone loss

**7.10pm – 8.30pm Q & A Professor Moira O'Brien and all speakers**

**Entry fee:** €25 donation at the door, all donations go towards the Irish Osteoporosis Society Charity services

**Free entry** for Irish Osteoporosis Society Charity members

**Raffle tickets** A one night's stay in the Alex hotel in Dublin, for 2 people including breakfast is one of the prizes. Afternoon tea for 2 in the Talbot hotel in Dublin. A voucher from Michaels or Little Mikes restaurant in Mount Merrion, south Dublin.

**Registration essential as places limited – Preferably on our shop**

Donate €25 on the Irish Osteoporosis Society website shop [www.irishosteoporosis.ie](http://www.irishosteoporosis.ie)  
type in message "Dublin Talbot talk" Or Email [events@irishosteoporosis.ie](mailto:events@irishosteoporosis.ie)

or by phone Thursday 2<sup>nd</sup> May 2024 on 01 637 5050