

YOUR LEGACY

Honour a Loved One and Give in Memory

When someone close to you, has been affected by osteoporosis and passes away, a memorial or tribute is a meaningful way to celebrate the life and memory of your loved one. In lieu of flowers, at their end of life service, requesting donations to be given to a Charity is another way of giving a meaningful gift.

The Irish Osteoporosis Society (IOS) is the National Charity in Ireland dedicated to those with Osteoporosis and committed to raising awareness of osteoporosis and to supporting people with or at risk of the disease.

Here are three types of gifts you can make through your will:

- A specific gift: a particular item such as a piece of art, a car or a property

Many people see their Will as an opportunity to make a special and memorable gesture. Naturally, your first concerns will be to ensure that your family and loved ones are properly provided for, but there is another way in which a Will can pass on something precious.

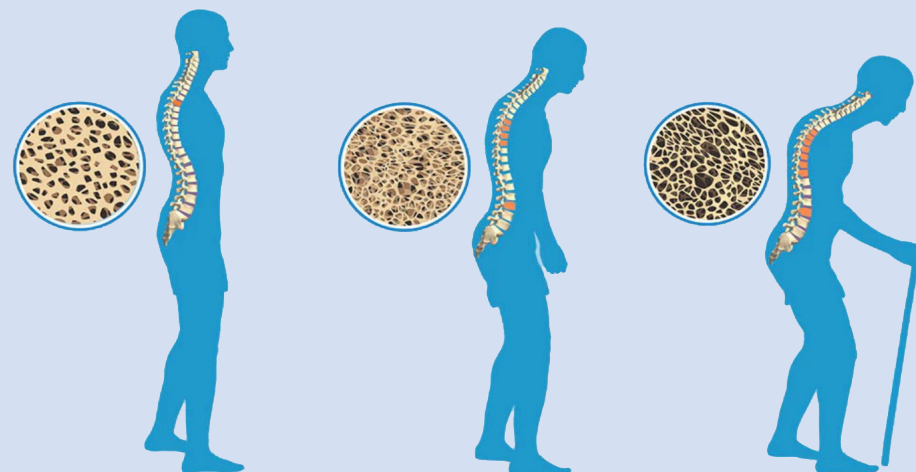
A legacy is a gift made as part of a Will, to an individual or to an organisation such as the Irish Osteoporosis Society Charity.

- A pecuniary gift: a fixed amount of money
- A residual gift: a gift from the residue of your estate, after all the individual gifts have been made.

If you would like to talk to us about making a charitable donation to the Charity, please contact our office at 01 637 5050

LEGACY INFORMATION LEAFLET

The Charity Wants Everyone To Be Able To Stand Up Tall For Bone Health



We want as many people as possible living in Ireland to age gracefully and independently. One of our main aims is to reduce the number of senior citizens losing their independence from undiagnosed or untreated Osteoporosis.

We want to ensure that the younger generation grow up with healthy and strong skeletons. These aims are crucial, as a person needs

healthy bones to sit up and to walk. We need your help to achieve these goals, as we cannot do all this important work without your support.

The Charity's funding of its services is dependent on the kindness and generosity of the public and corporate sector, to enable us to continue our work.



Healthy Bone



Osteoporosis

We would like to increase the number of services we offer, along with increasing awareness of this disease. Many people are not aware that Osteoporosis is preventable and treatable in the majority of people. We want to ensure that all those who have been diagnosed with Osteoporosis and/or Osteopenia receive correct information, to help them maintain their independence and quality of life.

By leaving the Charity a donation as part of your legacy, it will help us to continue with our mission of reducing the amount of people breaking bones and losing their independence.

Please contact us if you have any queries at 01 637 5050



To ensure our future, you can help by remembering us in your Will

Making a Will is an easy and inexpensive process but should always be done in consultation with a solicitor.

You can make or update your will at any stage of your life, provided you have the capacity to do so. If you have already made a Will, it is a simple matter to make an additional bequest by adding a Codicil. This is a legal document that lists any modifications or amendments to your last will and testament.

A legacy to a charity enables you to make a gift without affecting your

current income and is also not liable to any taxation for either you or your family. As a registered Charity, the Irish Osteoporosis Society is exempt from Capital Acquisitions Tax on benefits received by us.

This ensures that your entire bequest can be of immense practical value to our work and no legacy can be too big or too small. Should you decide to make a bequest to the IOS, we thank you most sincerely for the real concerns you have shown in helping us continue our work.

**For information about making a will, you should seek professional help from a solicitor*



"Please help to ensure that future generations can grow up in Ireland with healthy bones and fracture free. Thank you so much for supporting this worthy Charity."

Prof. Moira O'Brien
Founder of the Irish Osteoporosis Society Charity



Irish Osteoporosis Society - National Experts in Osteoporosis

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